

Hometown Fitness Childcare Policies

Please ask the childcare staff for current childcare rates

****There is a 2 hour childcare limit, per day to use childcare****

ONLY PARENTS OR LEGAL GUARDIANS MAY LEAVE THEIR CHILDREN IN OUR CARE. THE SAME PARENT OR LEGAL GUARDIAN MUST SIGN IN AND SIGN OUT THEIR CHILDREN FROM THE PLAYROOM.

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Childcare is a special privilege for members only and may be terminated as a result of not abiding by the following policies. Hometown Fitness Management may change rules and regulations at any time. Please see the Manager if there are any questions or concerns regarding these policies.

PART I

2 Hour Policy

Hometown Fitness enforces a 2 hour time limit for children to be in the childcare area. If you are a member who uses our childcare, please keep this policy in mind when scheduling your workout. There is a minimum charge of \$1.00 PER MINUTE PER CHILD if you child is picked up after closing or over the 2 hour time limit. Repeat offenses of this policy could result in temporary or permanent loss of childcare privileges. (Childcare is not responsible if a group exercise class begins or ends late).

PART II

Stroller Policy

Due to the lack of space, and safety precautions, strollers are not permitted in the childcare playroom. There are NO EXCEPTIONS to this policy.

PART III

Diapers

For the safety of your children and others, Hometown Fitness staff is unable to change diapers or pull-ups. Please place any soiled diapers in a bag and take with you. No soiled diapers should be left in the childcare playroom. Members are responsible for the disposal of soiled diapers in an outside trash can.

PART IV

Members Only Childcare

This is a member only club and only members may utilize our childcare services. All non-member visiting children MUST have a signed note from their parent(s). A member is allowed to bring a visiting child up to 3 times per year but will need to pay a drop in fee. If the childcare facility is becoming overcrowded, all non-member children will be turned away to allow children of member's into childcare.

PART V

Footwear

For health and safety reasons, all children MUST wear either socks or shoes while in the playroom. If a child comes in the playroom wearing only sandals he/she must keep their sandals on the entire time. Children are allowed to take their shoes off if they are wearing socks. We recommend packing a pair of socks for your child if they prefer to take their shoes off while in childcare. This policy is also required for infants.

PART VI

Drop in Passes

Passes expire at the end of the day it is purchased and does not carry over. Passes are good for 2 hours per day, 7 days a week. There is a 2 hour maximum stay per child per day in the Hometown Fitness Childcare facility. For each minute over the 2 hour limit, a \$1.00 per minute per child fee will be applied. Passes are only to be used by the person who purchased it and for the child it was purchased for. An individual may not use a pass for a child that was brought in for another person or for another child.

PART VII

Punch Cards – (coming soon)

Punch cards are to be treated as cash. If you misplace a Punch Card, Hometown Fitness will not re-issue another one. If you purchase a Punch Card and choose not to use the childcare facilities or terminate your membership, Hometown Fitness will not refund you for the purchase. \$25.00 Punch Cards = 5 punches

PART VIII

School

If your child does not attend school because they are not feeling well, or due to another health reason, your child CANNOT utilize the childcare playroom. Children brought to the playroom must be neat, clean and free from viruses and infections. OUR STAFF RESERVES THE RIGHT TO PROHIBIT CHILDREN WHO APPEAR TO HAVE COLD OR FLU SYMPTOMS FROM USING THE CHILDCARE PLAYROOM.

PART IX

Runny Noses

If your child has a constant runny nose due to allergies, a Doctor's note must be provided. A child with a constant runny nose not due to allergies should not be brought in to the childcare playroom for sanitary and health reasons. The childcare staff reserves the right to not allow children who appear to have continuous nasal drainage or appear to be uncomfortable due to cold symptoms. Children who have had a fever within the last 24 hours should not be brought in to the childcare playroom.

PART X

Discipline

If your child hits another child, your child will be placed in Time-Out. If your child refuses to sit in Time-Out, the parent will be called to childcare to remove the child. BITING IS ABSOLUTELY NOT TOLERATED! Any child who hits a staff member will be removed from the playroom immediately. Good behavior at all times is required. Parents of children that are hitting, biting,

spitting, or playing too rough will be contacted immediately and asked to remove their child. Our childcare staff will try to console your child if they are crying. If we are unable to do so after 10-15 minutes, we will ask for you to return to the childcare playroom for your child.

PART XI

Employees

All previously mentioned policies and procedures apply to the HTF Employees and HTF Independent Contractors. Hometown Fitness employees should contact their respective supervisor for information regarding the usage of the playroom for their own children.

PART XII

Potty Training

If your child is currently potty training, we would be happy to assist you with these efforts. However, we are not responsible for the potty training of your children. Please bring extra Pull-Ups if your child is in the beginning stages of potty training.

PART XIII

Snacks

You may bring something for your child to eat while in childcare. We request that any snacks may be neatly bagged from your home.

Acceptable Snacks include but are not limited to:

- Sandwiches
- Chips, pretzels, crackers
- Apple
- Non-spillable drink
- Cheerios

Please write your child's name on any snacks or belongings.

We do not allow the following foods:

- Fast Food
- Foods requiring spoon feeding (i.e. yogurt, pudding)
- Snacks including peanut butter, including peanut butter and jelly sandwiches
- Gum, hard candy, lollipops, popcorn or nuts (due to choking hazards)
- Messy foods such as pancakes, open faced bagels with cream cheese
- Hot foods or beverages

We appreciate your cooperation!